

THE MART

JANUARY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



BEATRIX
Market



Hours:
11:00 AM - 2:00 PM

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Monday

La Casa del Buffet



Catering Services

PROTEIN CHOICES

STEAK | CHICKEN TINGA
CHORIZO | VEGGIE

SALSA CHOICES

RED | GREEN

TACO (1) | \$4.50

Choice of protein with cilantro, onion, lettuce, and tomato

TACO COMBO (3) | \$13.50

Choice of protein with cilantro, onion, lettuce, and tomato. Served with rice and beans

LATIN BOWL | \$14.50

Rice and beans with choice of protein. Topped with lettuce, tomato, onion, cilantro, cheese (Dairy), sour cream (Dairy), pico de gallo, and guacamole

Burrito | \$13.50

Choice of protein, rice, beans, lettuce, tomato, onion, cilantro, cheese (dairy), and sour cream (dairy) wrapped in a flour tortilla

Nachos | \$14.50

Choice of protein, tortilla chips, nacho cheese (Dairy), rice, beans, lettuce, tomato, onion, cilantro, sour cream (Dairy), pico de gallo, and guacamole

SIDES

Chips & Salsa | \$4.00
Chips & Guac | \$6.00



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Monday



BOWL & SALADS:

COUS COUS BOWL | \$15.00

Arugula, avocado, radish, tomato, cucumber, feta, dill sauce

QUINOA BOWL | \$15.00

Sweet potato, crispy chickpea, avocado, arugula, goat cheese

ARUGULA SALAD | \$15.00

Arugula, apple, raisin, slivered almonds, quinoa, roasted tomato, white cheddar, Italian vinaigrette, balsamic glaze

CHOPPED SALAD | \$15.00

SANDWICHES:

POLPETTI PANINI | \$15.00

Beef & pork meatball, pesto, fresh mozzarella, pomodoro, baguette

TURKEY PANINI | \$15.00

Turkey, tomato, pickled onion, white cheddar, arugula, n'duja aioli, sliced sourdough

PROTEIN ADDITIONS:

POLPETTI | \$7.00

GRILLED CHICKEN | \$7.00

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Tuesday



LAMB CURRY | \$14.00

An Indian lamb curry with a heady combination of intense spices in a creamy tomato curry sauce (dairy), served with white rice, salad and naan bread (wheat)

BUTTER CHICKEN | \$13.00

Made with chicken, spices, tomatoes and cream. Its sauce is known for its rich texture, served with white rice, salad and naan bread (wheat). Extra chicken +\$7.00

CHICKEN MANDI | \$14.00

Slow cooked chicken served over a bed of fragrant, spiced rice, known for its unique smoky flavor and texture. The cooking method involves the chicken and rice cooking in an oven (tandoor) or over wood-fired coals, allowing the meat to remain dewy and infuse the rice with flavor.

PANEER TIKKA MASALA | \$12.00

A popular Indian curry with cubes of paneer (Indian cottage cheese - dairy), onions and peppers are marinated with yogurt and spices, grilled and then tossed in a creamy tomato-based curry (dairy), served with white rice, salad and naan bread (wheat)

SIDES

Naan (wheat) | \$3.00

Mango Lassi (dairy) | \$5.00



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Tuesday

FOODWORKS
THE BEST OF LOCAL



OMG PLATE | \$14.00

CHOICE OF GRAIN:

Turmeric Rice | Moroccan Cous Cous (wheat)

CHOICE OF PROTEIN (*HALAL):

Chicken Shawarma (Mild) | *Spicy Chicken Kabob
Falafel

CHOICE OF SALAD:

Mediterranean Salad | Chickpea Salad

CHOICE OF SPREAD:

Hummus | Peruvian Yogurt (dairy)

**HUMMUS AND PITA
(WHEAT) | \$4.50**



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Wednesday

FOODWORKS
THE BEST OF LOCAL

BEATRIX *Market*™

SALAD & SOUP (12OZ) | \$14.00

SALAD | \$10.00

Add Chicken | \$5.00

Harvest - Mixed greens, bleu cheese, dried cranberries, walnuts, apples, cobb dressing (Nuts, D)

Caesar - Romaine, shaved parmesan, croutons, caesar dressing (W, D, E, F, S)

Greek - Romaine, Feta cheese, cucumbers, red onions, black olives, cherry tomatoes, pepperoncini, greek dressing (D)

SOUP

12OZ | \$4.95

16OZ | \$6.95

January 7

Chicken Noodle (GL)

Cream of Mushroom (V, GL, D)

January 14

White Bean Chicken Chili (GL, D)

Vegetable Minestrone (VG, GF)

January 21

Italian Wedding (PK, D, GL)

Tomato Basil (V, GF, D)

January 28

Turkey Chili (GF)

Split Pea (V, GF, D)

Wednesday

EW FOODWORKS
THE BEST OF LOCAL



RICE BOWLS | \$14.00

PROTEINS

Tofu Nuggets | Grilled Chicken | Spicy Pork
Bulgogi Beef (+\$2.00) | Short Ribs (+\$4.00)

TOPPINGS

Lettuce | Pickled Carrots | Pickled Onions |
Cajun Corn | Scallions

SAUCES

Teriyaki | Sweet Chili | Kung Pao



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Thursday

FOODWORKS
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MAXWELL STREET POLISH | \$7.00

Vienna Beef Polish sausage, grilled onions, mustard, sport peppers

CHICAGO STYLE HOT DOG | \$5.00

Tomato, onions, pickle, relish, mustard, sport peppers, celery salt

CHILI CHEESE DOG | \$6.00

Chili & Wisconsin Cheddar Cheese

CHEESE DOG | \$6.00

Wisconsin Cheddar Cheese

Gyro | \$14.00

Tomato, Onion, Tzatziki

Chicken Pita | \$12.00

Tomato, Onion, Tzatziki

SMALL SIDE SALAD WITH DRESSING | \$7.00

Mixed salad with tomato, onion and cucumbers
(Ranch, French, Italian, Tzatziki dressing)

GARLIC PITA CHIPS | \$3.00

with Wisconsin Cheddar Cheese

Hearty Chicken Noodle Soup | Soup of the day | \$7.00

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Thursday

FOODWORKS
THE BEST OF LOCAL



BUILD YOUR OWN BOWL | \$13.50

BASE

White Rice | Brown Rice | Mixed Greens

PROTEIN (EXTRA PROTEIN | \$3.00)

Ahi Tuna (fish) | Salmon (fish) | Chicken | Tofu | Shrimp (shellfish)

STYLE

ALOHA: Pineapple, cucumber, scallions, jalapeno, maui onion, sesame vinaigrette (sesame)

CRUNCH: Jalapeno, cucumber, scallions, edamame, crunch, spicy aioli (dairy), samurai sauce

VOLCANO: Seaweed, edamame, jalapeno, ginger, volcano sauce

SIDE

Crispy Wontons | \$2.00



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Friday



BUILD YOUR OWN BOWL

BASE OPTIONS:

Brown Butter Gnocchi | Fried Yuca | Charred Corn |
Black Bean & Quinoa Salad | Colombian Rice

PROTEIN OPTIONS:

Steak Kebab | \$14.00
Chicken Chuleta | \$13.00
Smoked Kiełbasa | \$13.00
Chipotle Mushroom Patty | \$12.00

ADD TOPPINGS:

Candied Bacon | Crushed Kettle Chips |
Plantain Chips | Pickled Onions | Sofrito

ADD SAUCE:

Chimichurri | Hot Honey | Garlic Parmesan |
Applewood Smoked BBQ



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Friday

FOODWORKS
THE BEST OF LOCAL



PITAKI

GREEK STREET FOOD

KLASSIKO WRAP | \$12.00

Tzatziki sauce, tomato, spiced onions

SPICY SIREN WRAP | \$12.00

Spicy feta spread, romaine, slaw, red pepper, sweet & spicy sauce

VILLAGER SALAD (GF) | \$12.00

Tomato & cucumber mix, onions, olives, feta, oregano, zesty lemon dressing

Wraps served with toasted warm pita

Wraps & Salads - select choice of Chicken or
(Lamb +\$2)

SPICY FETA DIP | \$5.00

Served with toasted warm pita

HUMMUS DIP (VEGAN) | \$5.00

Served with toasted warm pita

AVGOLEMONO SOUP | \$5.00

Rice, lemon, egg, chicken broth

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